

Internet Safety Tips for Parents

1. Be the parent. You are in charge. Set boundaries and monitor the sites they are visiting.
2. Have a conversation. The best way to find out what your child is doing online is to ask.
3. Take an interest in your child's favorite app or sites. Co-view or co-create at times.
4. Check if it is suitable. The minimum age is 13 for several social media sites, including Facebook and Instagram.
5. Keep technology usage to common areas of the house such as the living room or dining room.
6. Create a family media agreement with tech free zones and times such as cars, bedrooms, and during meals.
7. Help your child learn to filter information online and navigate fact from fiction.
8. Use privacy settings wherever they exist to keep their information private.
9. Balance green time and screen time. Stay active and play outside!
10. Explore reliable resources for parents so you can educate yourself. Technology is constantly evolving.

Please remember, these school devices are intended for educational purposes.